# Weill Cornell Medicine

Hospital Medicine Point of Care Ultrasound (HM POCUS) Program

# Is there more to this picture?

Jina Bai & Todd Cutler

# A case from the PA service

A 49 year old man with active injection drug use is admitted with two weeks of lower back pain and weight loss

He has no fevers or constitutional symptoms

MRI of the spine suggest lumbar osteomyelitis

Admission vitals

110/69, 79, RR: 18, SpO2: 95%, Temp: 36.9,

Admission Physical Exam

Pleasant, comfortable, in no distress,

No lymphadenopathy

RRR, normal s 1/s2, no murmurs

No TTP over spine or paraspinal muscles

Warm, no edema, no clubbing or cyanosis

Labs:

WBC: 5.4 / Hb: 11.7 (MCV: 89.0) / Hct:

34.8 / Plt: 337

Electrolytes within normal limits

LFT: unremarkable

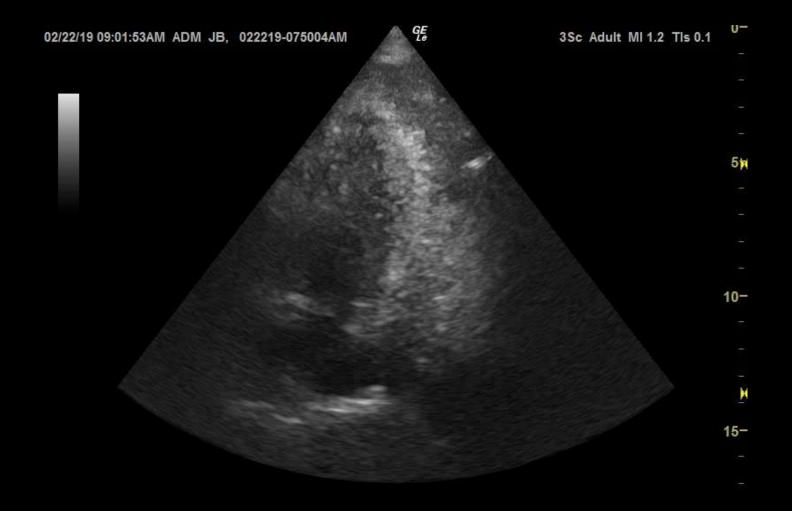
Coags: normal

HIV negative

# **POCUS**





















### Official TTE

### Interpretation Summary

Normal left ventricular size and function.

Normal right ventricular size and function.

Normal valvular function by Doppler.

Normal left ventricular diastolic relaxation.

Pulmonary artery systolic pressure cannot be determined.

No mention of anything weird in the right atrium

### So what now?

Call echo lab: did you scan wrong patient? Did I scan wrong patient?

Call the echo attending who read the study: do you see what I see?

Phone POCUS gurus

Phone cardiology friends



# What can you see in the Right Atrium?

Most anatomic variants in the right atrium are remnants of the right sinus venosus valve

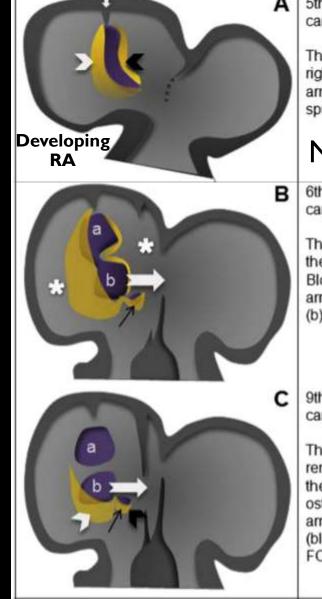
What is the right sinus venosus valve?

Time for some embryology...

In the fifth week of cardiogenesis, the umbilical and vitelline (yolk sac) veins drain into the primitive right atrium through the sinus venosus and its right and left venous valves.

Between week six and eight, the sinus venosus splits into the primitive SVC and IVC. The right venous valve extends from the lateral margin of the SVC to the IVC and coronary sinus, and it directs oxygenated blood from the IVC towards the foramen ovale.

Between week nine and 15 the left valve fuses with the developing septum. The right valve atrophies with the cranial portion forming the crista terminalis. The caudal portion fuses with the IVC orifice and coronary sinus.



5th week of embryologic cardiogenesis.

The sinoatrial orifice is flanked by the right (white arrowhead) and left (black arrowhead) venous valves. Septum spurium (white arrow).

#### Note: Right>>Left

6th to 8th week of embryologic cardiogenesis.

The large right venous valve divides the RA into two chambers (asterisks). Blood flow from IVC (b) to FO (white arrow). Incipient ostia of SVC (a), IVC (b) and CS (black arrow).

9th to 15th week of embryologic cardiogenesis.

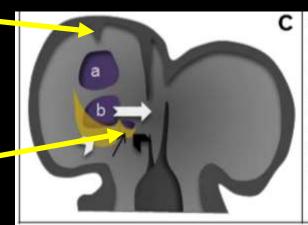
The right valve atrophies, leaving remnants in the entrance to the IVC, the EV (white arrowhead), and in the ostium of the CS, the ThV (black arrowhead). SVC (a); IVC (b); CS (black arrow); blood flow from IVC to FO (white arrow).

Differential Diagnosis and Clinical Implications of Remnants of the Right Valve of the Sinus Venosus. *Journal of the American Society of Echocardiography*, 29(3), 183–194.

# So the remnants of the right venous valve are:

Superiorly/cranially: the crista terminalis

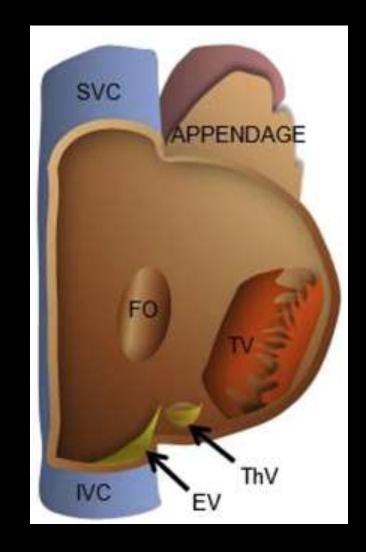
Inferiorly: the Eustachian Valve, the coronary sinus valve (Thebesian valve) and Chiari network



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# So what can be seen in the right atrium?



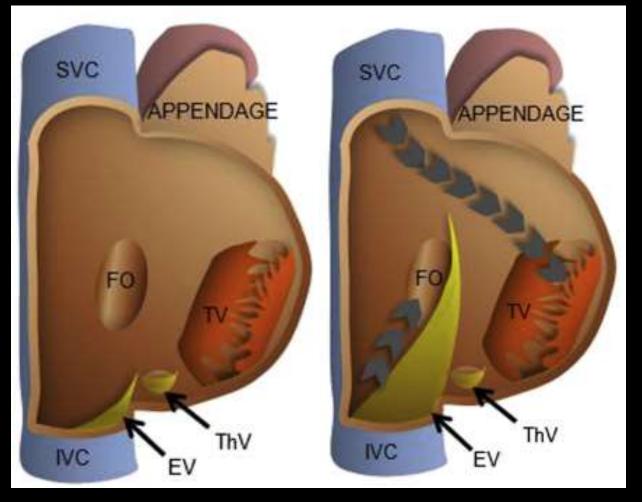
# Eustachian valve

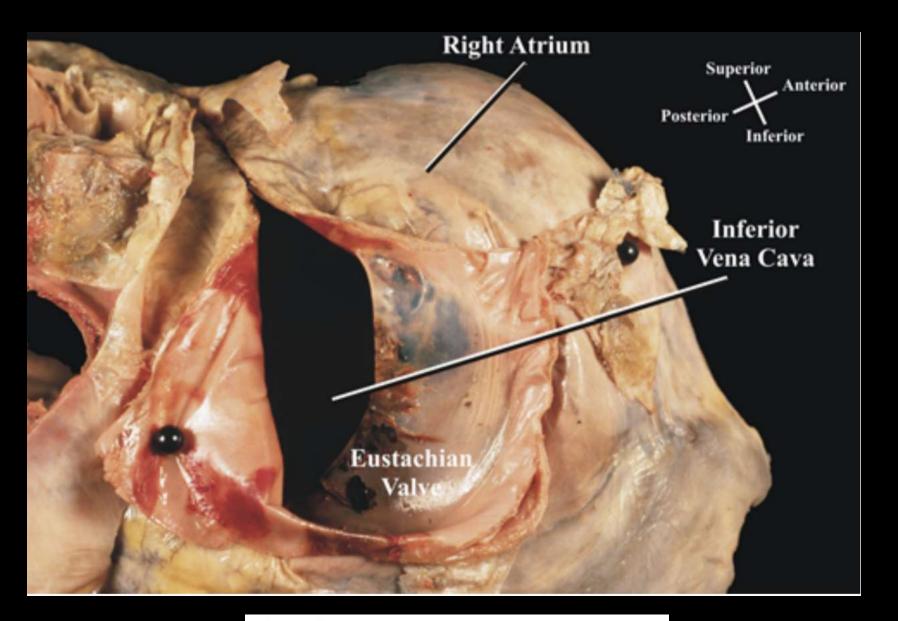
Remnant of embryonic valve of IVC

Not a true valve. That is, it does not function to prevent regurgitation of blood

Usually appears as "crescent-like fold" at posterior margin of IVC

Best viewed in subcostal/IVC view (or RV inflow view, or TEE): can visualize Eustachian valve and IVC in the same imaging plane





Chiari's network: review of the literature

Surg Radiol Anat (2010) 32:895-901

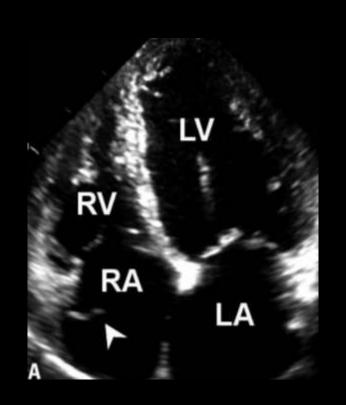
### Eustachian valve

Prevalence depends on modality (for example, US versus autopsy) but about 4% on US

Usually benign although there is an association with patent foraman ovale

Can be confused with RA tumors, thrombi or vegetation

Cases of endocarditis and thrombus attaching to Eustachian valve has been reported

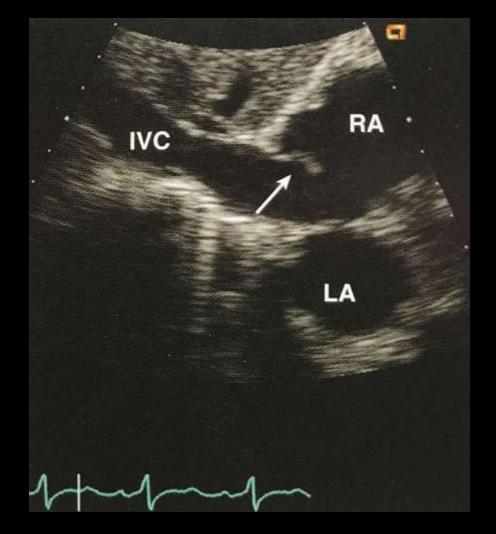


# Eustachian Valve Pitfalls

The valve itself can appear quite prominent especially in the apical four chamber view.

This appearance can resemble an intra-atrial mass.

A subcostal view showing the IVC can demonstrate the origin of the valve more clearly.

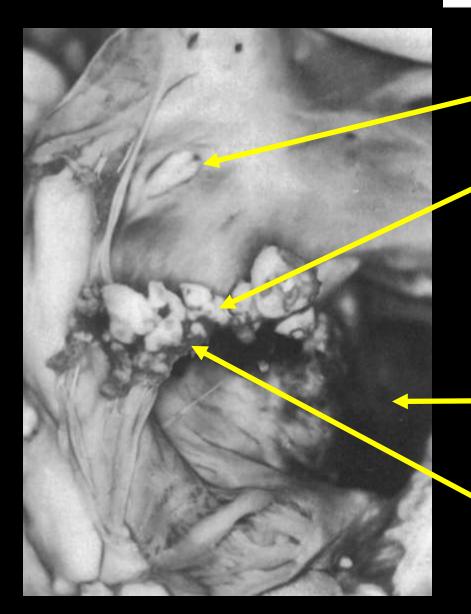


# It's not that rare!



#### Infective endocarditis affecting the eustachian valve

Br Heart J 1986;56:561-2



#### Fossa ovalis

### **Vegetations**

The eustachian valve, covered with large vegetations, crosses the right atrium with its chordae tendineae extending above and below. The dark area, bottom right, is the orifice of the tricuspid valve; the oval fossa is evident above the eustachian valve.

### Tricuspid Orifice

Eustachian Valve

Note: Eustachian valve vegetations were not seen on echocardiogram in this patient

#### Eustachian valve endocarditis: Rare case reports and review of literature

Gaurav Alreja<sup>1</sup>, Amir Lotfi<sup>1,2</sup>

### 33 year old woman with IV drug use

CXR

TTE: mobile TV vegetation

TEE: 6cm echogenic mass attached to the EV

**Bcx: MRSA** 

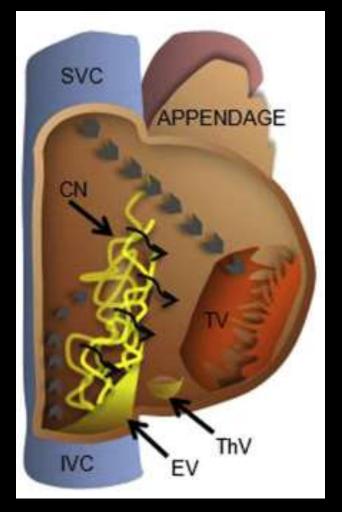
### Chiari network

Prominent fibrous extensions that originate from the Eustachian valve

Can extend to the crista terminalis, intraatrial septum and coronary sinus valve (aka Thebesian Valve)

Can appear "free floating" and wave with blood flow

Small, rapidly moving echogenic strands within the RA is suggestive of a Chiari network

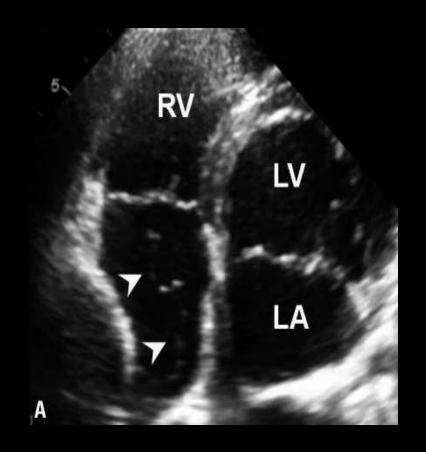


# Chiari network

Common (2%-15%) depending on the imaging modality used

Believed to be associated with atrial septal aneurysms or patent foramen ovale

Inherently benign and rarely causes problems...





#### Chiari Network Entrapment of Thromboemboli: Congenital Inferior Vena Cava Filter

Ann Thorac Surg 1990;49:317–8 69 year old man admitted w/ SOB TTE Repeat TTE 3 weeks later >

#### Chiari Network Entrapment of Thromboemboli: Congenital Inferior Vena Cava Filter

Ann Thorac Surg 1990;49:317–8

Findings were concerning for a thrombus and the patient was started on heparin.

AVQ scan revealed a high probability of pulmonary embolism

Because of the size and mobility of the mass the patient was taken for cardiopulmonary bypass.

A 3x2x2cm organized thrombus was found enmeshed in the "lacelike remnants of the Eustachian valve (Chiari network)"

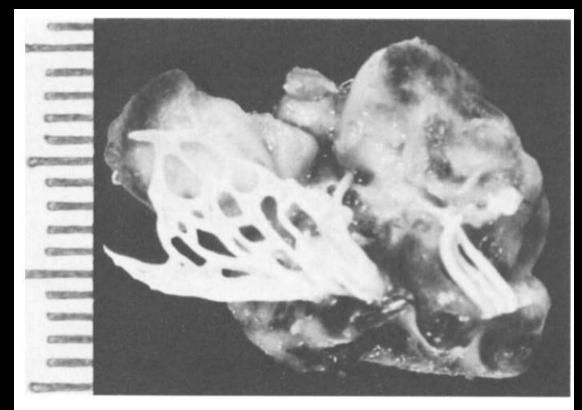


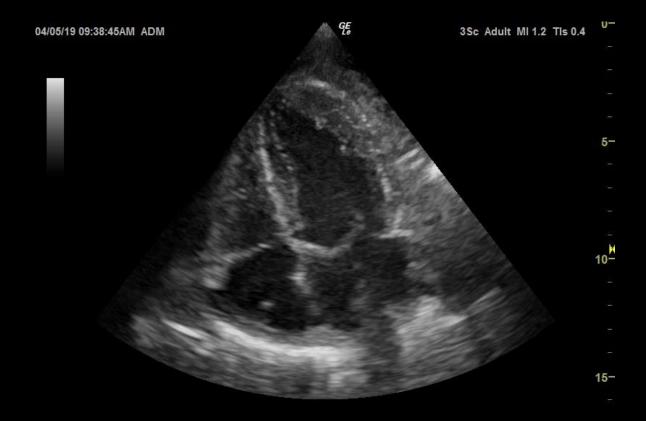
Fig 2. The gross surgical specimen revealing the organized thrombus enmeshed in the Chiari network. One centimeter is equal to the distance between five linear marks on the scale at the left-hand border.

#### Chiari Network Entrapment of Thromboemboli: Congenital Inferior Vena Cava Filter

Ann Thorac Surg 1990;49:317–8

# The patient was subsequently found to have a left-leg deep vein thrombosis

The authors speculated that the Chiari network served as a literal IVC filter and "most likely prevented massive pulmonary embolism."



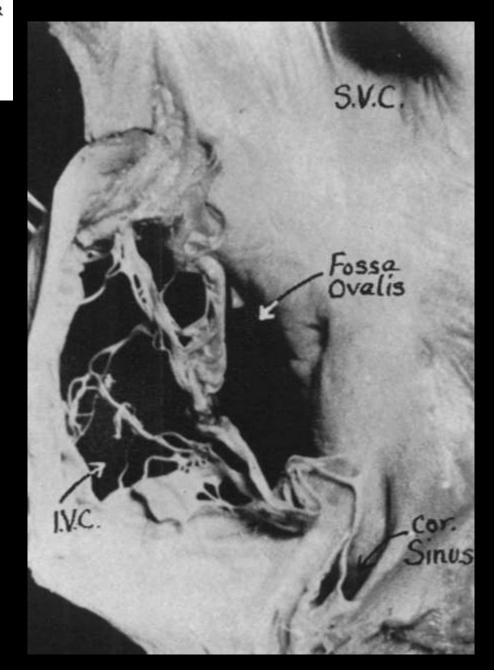
#### THE CHIARI NETWORK AND THE VALVE OF THE INFERIOR VENA CAVA

W

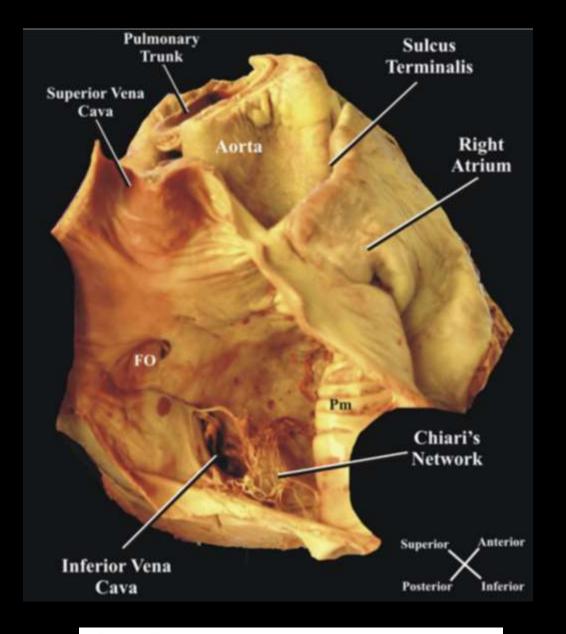
ELINOR D. U. POWELL AND JOAN M. MULLANEY

From the Departments of Medicine and Pathology, Trinity College, Dublin
Received January 27, 1960

Br Heart J. 1960 Sep; 22(4): 579-584.



Chiari Network at the level of the inferior vena cava.



Chiari's network: review of the literature

Surg Radiol Anat (2010) 32:895-901

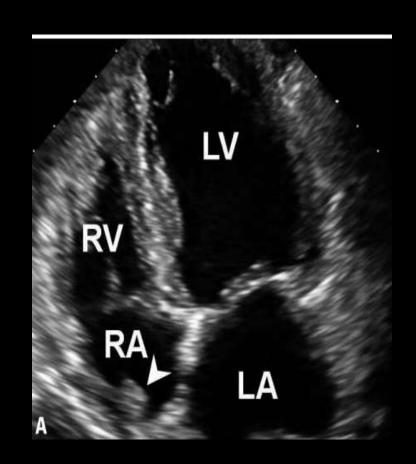
### Crista Terminalis

Fibromuscular ridge on the internal wall of RA

Extends from the SVC to IVC along the lateral RA wall

Appears as "nodular mass" on the wall of myocardium

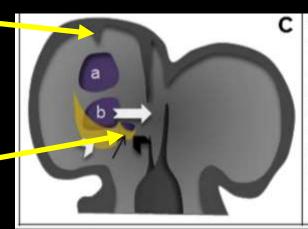
Clinical implication: can look like mass-like tumor



### Reminder:

Superiorly/cranially: the crista terminalis

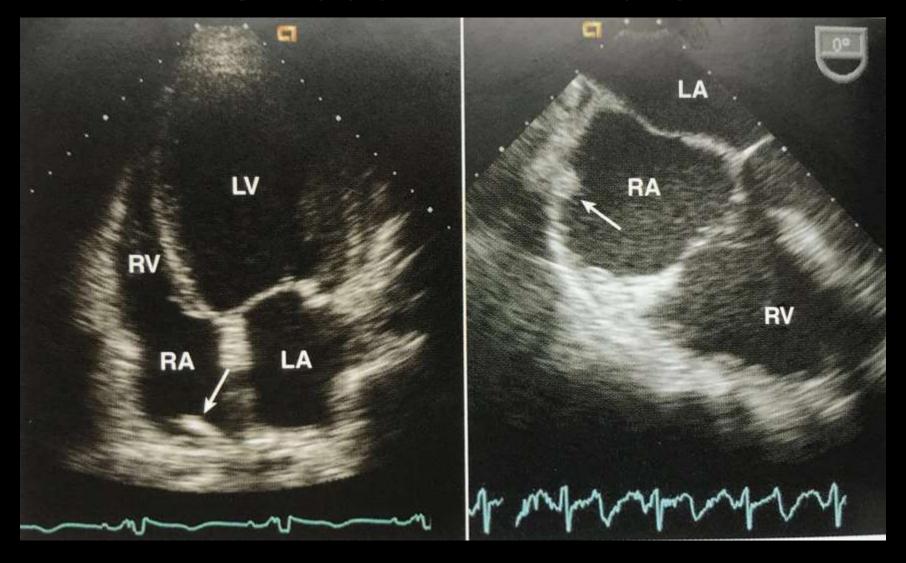
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# Crista Terminalis





### Other benign right atrial findings

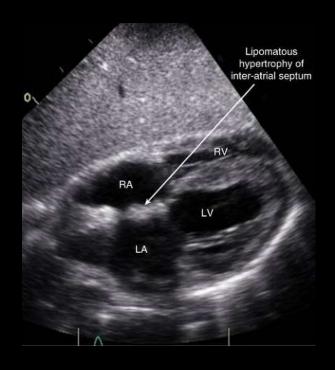
Catheters/pacemaker leads

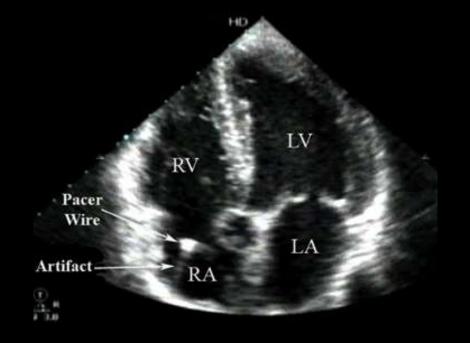
Lipomatous hypertrophy of interatrial septum

Pectinate muscles

Fatty material (surrounding the tricuspid annulus)

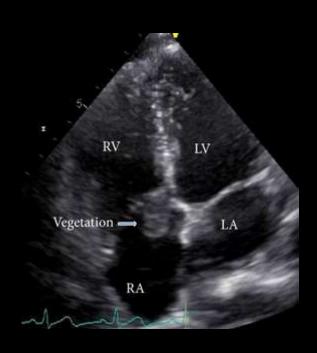


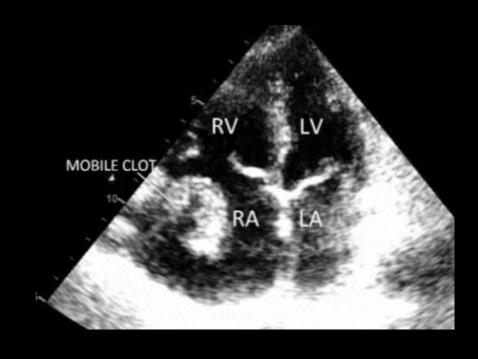




## And not so benign

### Endocarditis/infected thrombi





# A patient in SDU with tunneled femoral HD catheter and hypotension during dialysis





### Back to our patient....

Blood cultures all negative

Clinically stable, afebrile throughout hospitalization

Bone cultures from grew Strep parasanguinis

Discharged on Ceftriaxone 2g Q24h for 6 weeks with ID follow up

### Take home points

Always evaluate POCUS findings in the clinical context

Be aware of anatomical variants that mimic pathology

### References

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## Thank you !!!

